

COVID-19-Associated Acute Brain Dysfunction Related to Sepsis

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Abstract

In global term, as of November 30, 2020, over 30 million people has been infected by a novel severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2), and more than 10,000,000 of them died of acute organ failure. Our reviews have shown that coronavirus disease 2019 (COVID-19) patients with pneumonia and acute respiratory distress syndrome (ARDS) have life-threatening acute brain dysfunction (ABD), ranging from altered mental status/delirium to stupor/coma. Altered mental status/delirium was the most common manifestation of ABD caused by severe COVID-19. The prevalence of altered mental status and/or delirium was up to 66-79.5%, and prevalence of coma was 10%. The most common clinical type of COVID-19-associated ABD was COVID-19-associated acute stroke including ischemic and hemorrhagic stroke ($n > 350$ cases), followed by COVID-19-associated encephalopathy ($n > 200$ cases), and COVID-19-associated central nervous system (CNS) infection ($n > 70$ cases). According to the Sepsis-3 criteria, we confess that severe COVID-19-associated ABD with ARDS and altered mental status is related to sepsis. Moreover, we also review the diagnosis and treatment of COVID-19-associated ABD with sepsis. In view of the fact that COVID-19 is at the peak of epidemic worldwide, we hope that this review will provide evidence of COVID-19 sepsis threatening to the brain dysfunction. Thus, recognizing the COVID-19-associated ABD related to sepsis is very important for early empirical combination therapy to survive severe COVID-19.

Keywords: COVID-19; Sepsis; Brain dysfunction; CNS infection; Encephalopathy; Mechanisms; Outcome

Introduction

The novel coronavirus, i.e., severe acute respiratory syndrome

coronavirus 2 (SARS-CoV-2) causing coronavirus disease 19 (COVID-19), emerged as a public health threat in December 2019; and a global outbreak was declared by the World Health Organization (WHO) in March 2020. In initial 35 days of COVID-19 outbreak in Wuhan, China, over 40,000 cases of COVID-19 were diagnosed by viral nucleic acid testing. The clinical features mostly included pneumonia with life-threatening respiratory failure, septic shock and/or multiple organ dysfunction [1]. As of May 29, 2020, 5.88 million cases with COVID-19 were confirmed, and 363,000 deaths were reported [2]. Unfortunately, according to the information from WHO, in recent months due to COVID-19 outbreak in several big countries, as of November 30, 2020, over 30 million people have been infected, and more than 1,000,000 of them died of acute organ failure; and its epidemic continues globally. The new Sepsis-3 criteria defined sepsis as a life-threatening organ dysfunction due to a dysregulated host response to infection [3]. Severe COVID-19 patients who met Sepsis-3 criteria were up to 59.0%, and with mortality of 48.2% [4]. Although the most common presentation caused by COVID-19 is acute respiratory distress syndrome (ARDS), reports of acute brain dysfunction (ABD) are increasing. Severe COVID-19 infection can induce an inflammatory cytokine storm that results in COVID-19-associated neurological manifestation or neurological complications [2, 4, 5]. Moreover, SARS-CoV-2 presence in brain parenchyma has been found by autopsies [6], suggesting SARS-CoV-2 with an ability to enter into brain. The human brain is very vulnerable to inflammatory storm and hypoxemia. Tao Chen and colleagues provided their data indicating that COVID-19 patients with sepsis and with inflammatory storm and hypoxemia are at a high risk of death [7]. The central nervous system (CNS) manifestations caused by COVID-19 included dizziness (17%), headache (13%), impaired consciousness (7.5%), seizures (0.5%), and acute cerebrovascular disease (5.7%) [8]. Moreover, altered mental status (66.0%) was more likely to represent as the most common neurologic symptom [9]. Actually, according to the new definition of Sepsis-3, all above-mentioned manifestations can generally be called as COVID-19-associated ABD, including various different terms, such as altered mental status, delirium, cerebrovascular disease/stroke, encephalopathy, encephalitis and/or meningitis, and other conditions. However, the diagnosis of COVID-19-associated neurological manifestation is still very challenging. Moreover, some unspecified events of property also required to be classified. Thus, the aim of our review will address the current diagnostic trends of ABD related to COVID-19 sepsis.

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Materials and Methods

For this study, we reviewed all published reports on COVID-19-associated ABD. We performed an extensive search of PubMed, Google Scholar, and preprint databases (medRxiv and bioRxiv). We identified single case reports, case series, cohort study, and multicenter study. We used search terms, including “COVID-19”, “sepsis”, “acute brain dysfunction”, “CNS infection”, “encephalopathy”, “neurological manifestation”, and “delirium or seizures”. Full-text articles were acquired from journals’ websites. We analyzed demographic, clinical, cerebrospinal fluid (CSF), and neuroimaging characteristics of patients who presented with COVID-19-associated ABD related to sepsis. The last search was done on November 30, 2020.

This study was approved by the Institutional Review Board at Affiliated Shuyang Hospital of Xuzhou Medical University (approval number: 1-2020-0013).

Results

COVID-19-associated acute stroke

Acute stroke was one of the most common ABD seen in COVID-19 populations. Although a 5.7% [8] incidence of ischemic stroke has been recorded, its frequent events are still being reported. In a single center retrospective study of 221 COVID-19 patients from China, 13 (6%) had acute stroke including 11 ischemic, one hemorrhagic and one venous sinus thrombosis [10]. In a single academic center from USA within 2 weeks after the positive result of polymerase chain reaction (PCR) testing, brain magnetic resonance imaging (MRI) findings showed that acute and subacute ischemic infarcts happened in 5.4% of the cases and acute hemorrhage in 4.5% [11].

Notably, in the study by Oxley and colleagues, five COVID-19 cases with large-vessel stroke (male in four cases, female in one cases; age range: 33 - 49 years) have been reported [12]. On admission, the mean National Institutes of Health Stroke Scale (NIHSS) of five cases was 17. Similarly, in May, five cases (18.5%) of COVID-19-associated vasculopathy have also been reported [13]. MRI findings included diffuse involvement of deep white matter, the corpus callosum, and the basal ganglia.

Surprisingly, the prevalence of COVID-19-associated emergent large vessel occlusion (ELVO) stroke was up to 53% [14]. These positive COVID-19 patients were younger, 75% more likely to have radiographic evidence of apical lung abnormalities, and more likely to require mechanical ventilation due to respiratory failure.

A statistics from the Global COVID-19 Stroke Registry between January 27, 2020 and May 19, 2020 suggested that numbers of ischemic stroke was up to 174 patients (median age 71.2 years; 37.9% females) [15]. A recent report from multicenter case-control study in UK showed that 81 cases of ischemic stroke were more frequently to occur when compared to those ischemic controls in Asians (18.8% vs. 6.7%, $P < 0.0002$), were more likely to involve multiple large ves-

sel occlusions (17.9% vs. 8.1%, $P < 0.03$), were more severe (median NIHSS score 8 vs. 5, $P < 0.002$), were associated with higher D-dimer levels ($P < 0.01$), and were associated with more severe disability on discharge (median mRS score 4 vs. 3, $P < 0.0001$) and in-patient death (19.8% vs. 6.9%, $P < 0.0001$) [16].

In addition, a case series of five cases of COVID-19-associated intracerebral hemorrhage have been reported [17]. Moreover, a total of 35 out of 5,227 COVID-19 patients who had intracerebral hemorrhage (including acute subdural hematoma, subarachnoid hemorrhage, multi-compartmental hemorrhage, and multi-focal and focal intracerebral hemorrhage) have also been reported [18]. All 35 patients with severe COVID-19 presented with pneumonia requiring mechanical ventilation, and with a mortality of 35.3%.

COVID-19-associated acute encephalopathy

COVID-19-associated encephalopathy has been found between March and May [19]. The authors reported two male patients (age > 70 years) with COVID-19 pneumonia with one requiring intubation for acute hypoxemic respiratory failure. Their characteristics included systemic inflammatory response, impaired consciousness (from delirium to lethargy). One did not show any acute lesion on brain image and another showed a small hyperintense signal lesion on diffusion-weighted images (DWI) in the left parietocortical region. Electroencephalographies (EEGs) of two cases were confirmed having diffused slowing. The CSF analysis of two patients did not show any evidence of CNS infection (i.e., normal cell count, negative PCR of COVID-19, and negative other microbes). The patients were treated in the intensive care unit (ICU) and with a poor outcome.

At the same period, 58 intensive care patients (median age 63 years) with COVID-19 with neurological features were reported by Helms et al [20]. Of them, seven patients had a CSF analysis without a pleocytosis and all with negative reverse transcriptase-polymerase chain reaction (RT-PCR) results for SARS-CoV-2. These authors concluded that only 12% of SARS-CoV-2 infection cases were associated with encephalopathy.

Notably, in May 2020, 20 patients with critical COVID-19-associated encephalopathy have been reported [13]. All cases required intubation and were transferred to the respiratory ICU (RICU) due to respiratory failure (100%) and impaired consciousness (96.3%). Most of the cases of COVID-19-associated encephalopathy with COVID-19-associated vasculopathy (diffuse or multifocal subcortical lesions) were confirmed by computed tomography (CT)/MRI-DWI.

The first case of COVID-19-associated acute hemorrhagic necrotizing encephalopathy (ANE) with altered mental status was reported by Poyiadji et al [21]; DWI image showed hemorrhagic rim enhancing lesions in the bilateral thalami, medial temporal lobes, and subinsular regions. Moreover, CSF bacterial culture showed no growth, and tests for herpes simplex virus 1 and 2, varicella-zoster virus, and West Nile virus were all negative. But, the test of COVID-19 in the CSF was not performed, and her CSF analysis was limited due to a trau-

matic lumbar puncture. These authors considered that ANE is a rare encephalopathy caused by COVID-19 and other virus due to an intracranial cytokine storms.

In addition, a retrospective study from Wuhan described their data that 113 sepsis-deceased COVID-19 patients with respiratory failure/ARDS and hypoxemia; of which patients with hypoxic encephalopathy were at high risk of death (20%, 23/113) [7]. However, evidence of the so-called “hypoxic encephalopathy” was not reported on their CSF analysis and MRI images. Whereas, their data showed that those patients had severe systemic inflammatory response (fever, rapid respiratory and heart rates) and cytokine storm (increased tumor necrosis factor in blood), at least suggesting that encephalopathy may be caused by the cytokine storm and hypoxemia.

COVID-19-associated CNS infection

COVID-19-associated CNS infection included acute encephalitis, acute meningoencephalitis, and acute meningitis, which is not rare during the COVID-19 outbreak. A 24-year-old COVID-19-positive man with pneumonia and severe hypoxia required intubation was reported as the first case of acute encephalitis [22]. Moreover, he was in coma and his CSF analysis showed a white cell count of 12 cells and with positive PCR for COVID-19. At the same time, DWI and fluid-attenuated inversion recovery (FLAIR) images showed hyperintense signal changes in the right temporal and hippocampus.

Subsequently, as of November 30, more than 10 COVID-19 cases with encephalitis/meningoencephalitis/meningitis have been reported [23-32]. The median age was 42 years (range from 6 months to 72 years). Of them, nine patients had a CSF analysis, with an increased pleocytosis in seven cases, elevated protein in eight cases, and elevated levels of interleukin (IL)-6 in two cases. Three patients had positive PCR in CSF. All cases had negative CSF culture. Only two cases did not have CSF analysis. But, one with chest CT showed COVID-19 pneumonia, and a 24-h EEG showed an excess of left temporal sharp waves in EEG, and the other with brain lesion biopsy was confirmed with the diagnosis of COVID-19-associated acute encephalitis.

More recently, a total of eight encephalitis cases were reported by Helms et al [33]. The CSF analysis confirmed that abnormal CSF included elevated nucleated cell count in three cases, elevated CSF protein levels in eight cases, elevated IL-6 levels in six cases, and positive SARS-CoV-2 RT-PCR in CSF in one case.

From multicenter study, it was found that about 13-32% of all COVID-19 patients suffered from encephalitis [34, 35]. In fact, its incidence may be severely underestimated because about 70% COVID-19 patients did not performed CSF examination.

COVID-19-associated acute disseminated encephalomyelitis and immune-mediated encephalitis

Notably, the COVID-19-associated acute disseminated en-

cephalomyelitis has been found [36, 37]. Moreover, Paterson et al [38] reported a total of nine cases of acute disseminated encephalomyelitis in 29 SARS-CoV-2 PCR-positive cases, suggesting its incidence is not rare. In addition, some cases of COVID-19 associated post-infectious immune-mediated encephalitis and rare acute hemorrhagic leukoencephalitis were also reported [39-41].

Unspecified COVID-19-ABD

In a series of 58 COVID-19 patients with neurological features [20], 49 (84.5%) patients experienced no confirmed neurological diagnosis due to without CSF analysis. These unspecified brain symptoms included altered mental status and/or corticospinal tract signs. Similarly, among 118 (79.5%) COVID-19 ICU patients with pneumonia, delirium, and/or abnormal neurological examination [33], brain MRIs were performed in 32 cases; and new ischemic events in 28 cases were found. CSF analysis was performed in 25 out of the 32 patients. Finally, these authors considered that most of them were not sure whether delirium or encephalopathy, except for 28 ischemic stroke and eight cases of encephalitis. Thus, almost 70% of patients with delirium and/or corticospinal tract signs were unspecified diagnosis.

Seizures are common in COVID-19 patients [8, 27, 42]. A 59-year-old man with a SARS-CoV-2 infection confirmed by RT-PCR assay performed on tracheal secretions and by CT scan of the chest was reported [43]. The illness rapidly progressed to hypoxemic respiratory failure warranting the initiation of invasive mechanical ventilation. Subsequently, the patient started to exhibit short episodes of impaired consciousness together with confusion. EEG showed two widespread long rhythmic delta discharges with superimposed spikes in predominantly frontal localization, followed by a moderate interictal frontal activity, leading to the diagnosis of non-convulsive status epileptics. Brain MRI was normal, routine CSF analysis was unremarkable, and CSF SARS-CoV-2 RT-PCR was negative. Clobazam (30 mg/day) and levetiracetam (1.5 g/day) were introduced. On April 14, the patient had only one brief episode of impaired consciousness and EEG monitoring was normal. He is now clinically stable and discharged from ICU.

All above reports have fully supported this fact that severe COVID-19 patients are related to COVID-19-associated ABD. Their clinical evidences are summarized in Table 1 [3, 13, 22-33, 36-39, 44, 45].

Sepsis is related to severe COVID-19-associated ABD

As of November 30, 2020, according to the results of our study, the most common clinical type of COVID-19-associated ABD was COVID-19-associated acute stroke ($n > 350$), followed by COVID-19-associated encephalopathy ($n > 200$), and COVID-19-associated CNS infection ($n > 70$).

Although infection is a common risk factor that may induce acute stroke [46, 47], the high rates of the current

Table 1. The Definition and Diagnostic Evidence of COVID-19-Associated Acute Brain Dysfunction

Qualification	Definitions	Evidence of imagines	Evidence of CSF analysis	Evidence of qSOFA	Mechanisms
COVID-19-associated acute cerebrovascular disease (CVD)	COVID-19-induced acute CVD, including ICD-10 diagnosis code I61 and I60, such as cerebral infarction and intracranial hemorrhage [45]	Pneumonia: usual Hemorrhage: unusual MRI: infarcts: usual ELVO: usual	Almost no testing	Most ≥ 2	Inflammatory storm Coagulopathy ACE2-induced endothelitis
COVID-19-associated encephalopathy	Refers to COVID-19-due to inflammatory storm induced diffuse/multi-focal neural deficits (range from delirium to coma) without evidence of CNS infection [13].	Pneumonia: most MRI: diffuse edema, multiple ischemic lesion, perfusion abnormalities, or BBB damage and vasogenic edema	No cell, no protein/mildly elevated protein Cytokine: (+) RT-PCR: (-) Culture: (-) IgG or IgM: (-)	Most ≥ 2	Inflammatory storm ACE2-induced endothelitis
COVID-19-associated CNS infections	Refers to COVID-19-direct into CNS leading to acute encephalitis/meningitis [22-33]	Pneumonia: with/without MRI: multifocal lesion (temporal and hippocampus)	Pleocytosis and elevated protein (+++) RT-PCR: (+) Cytokine: (+) IgG or IgM: (+)	Most ≥ 2	Virus direct into brain
COVID-19-associated other encephalitis	Including acute disseminated encephalomyelitis, immune-	Pneumonia: with/without MRI: non-specific	More	More	Immune-mediated
Unspecified COVID-19-associated acute brain dysfunction	Including COVID-19-induced altered mental status, delirium, seizure, and corticospinal tract signs [13]	Pneumonia: with/without MRI: non-specific	Less testing	More	Inflammatory storm
Sepsis	Sepsis-3 criteria [3]	Similar above	Similar above	All ≥ 2	ACE2-induced endothelitis
Septic-metastatic encephalitis	Due to bacterial or fungal sepsis [44]	MIR: microabscesses	17 to 10,000 × 10 ⁶ /L Elevated protein	All ≥ 2	Bacteria direct into brain

CSF: cerebrospinal fluid; MRI: magnetic resonance imaging; qSOFA: quick Sequential (sepsis-related) Organ Function Assessment (range, 0 - 3 points, with 1 point each for systolic hypotension (≤ 100 mm Hg), tachypnea (≥ 22/min), or altered mentation, if ≥ 2 points indicates sepsis); ELVO: emergent large vessel occlusion; CNS: central nervous system; COVID-19: coronavirus disease 2019; ICD-10: International Classification of Diseases, Tenth Revision; RT-PCR: reverse transcriptase-polymerase chain reaction; Ig: immunoglobulin; ACE2: angiotensin-converting enzyme 2; BBB: blood-brain barrier.

COVID-19-associated acute stroke is also related to the other potential risk factors, including hypertension, diabetes, heart disease, chronic pulmonary disease, and obesity [4, 5, 48, 49]. Yet, its mechanisms are also related to the severe inflammation storm/cytokines storm, coagulopathy, angiotensin-converting enzyme 2 (ACE2)-induced endothelial dysfunction/endotheliitis [50-54]. Moreover, most COVID-19-associated acute stroke due to acute respiratory failure/ARDS and altered mental status met the clinical criteria of Sepsis-3. However, whether presenting virus directly enters into the brain is unclear because the CSF examinations were not performed for all cases. Therefore, further study on CSF has to be analyzed for those COVID-19-associated stroke patients.

COVID-19-associated CNS infection is also common because of the increasing evidence that viruses can enter into brain by multi-route directly [22, 54-57]. The data of current review also confirmed that COVID-19-associated CNS infection is a frequent event, and this number is increasing. Furthermore, the differential diagnosis of COVID-19-associated encephalitis and COVID-19-associated encephalopathy is still hard to manipulate for clinicians. Although previous study indicated that encephalopathy caused by sepsis is related to inflammatory cytokine storm which results in blood-brain barrier (BBB) leakage and brain edema [52], the recent study has confirmed that an endothelialitis in the brain is also responsible for the COVID-19-associated encephalopathy [58]. However, the severe COVID-19-associated encephalopathy/encephalitis, like severe COVID-19-associated acute stroke, is overall related to sepsis.

Indeed, sepsis-associated ABD is highlighted in the current COVID-19 pandemic trends [56-61]. According to the clinical criteria of Sepsis-3, i.e., quick Sequential (sepsis-related) Organ Function Assessment (qSOFA: range, 0 - 3 points, with 1 point each for tachypnea ($\geq 22/\text{min}$), altered mentation, or systolic hypotension ($\leq 100 \text{ mm Hg}$), if ≥ 2 points indicates sepsis) [3], most severe COVID-19-associated ARDS and altered mentation have fully met the diagnose of sepsis [4, 7, 13, 62-64]. Moreover, the ARDS play pivotal roles in the development of multiple organ dysfunction syndrome (MODS) in septic event [65, 66]. The previous studies showed that sepsis with MODS were more likely to exhibit an ABD [52, 67-69]. However, recent studies indicated that almost 50-57.9% COVID-19 patients developed secondary bacterial infections [13, 70, 71]. Only 3.5-16.7% COVID-19 cases had a confirmed community-acquired bacterial infection [72, 73]. In fact, based on previous reports, a mixed sepsis was not rare [74, 75]. Also, the animal models of the mixed sepsis have been established successfully [76]. Furthermore, during the COVID-19 outbreak, the cases with mixed sepsis were also more frequently reported [77-80].

Early identification of sepsis: neutrophils, lymphocytes, and inflammatory storm

Important question remained to identify the mixed sepsis rapidly, because a delay in initiating antibiotic treatment was related to early high mortality in the ICU study [81], and with

7% rise in risk of death for every hour of delay [82]. Therefore, faster and more accurate pathogen identification is critical [83, 84]. Unfortunately, the early diagnosis of sepsis only relies upon a clinician suspecting infection rather than cultures. Even in patients whose cultures will be positive, there is a time differences from hours to days between the time points when the sample is sent and the one when the positive result is obtained.

To our best knowledge, the neutrophils are the first line of defense against bacterial pathogens. The increased number of neutrophils in the peripheral blood is a critical sign for bacterial sepsis [85-87]; whereas, there is often a significant decreased lymphocytes in the peripheral blood for viral sepsis-deceased patient [4, 7, 88, 89]. Rapid diagnosis of bacterial infection is mainly based on elevated neutrophils numbers of circulating, which is more likely to be related to patients with suspected bacterial sepsis [90, 91]. Clinically, severe inflammatory storms (high fever, rapid respiratory and heart rates, and elevated cytokines or other inflammatory markers) usually represent the sign of a suspected bacterial sepsis or mixed sepsis [92-95]. Even there have been given a combination treatment for COVID-19 mixed infections, specific therapy of septic ABD involves the accurate diagnostic test, suggesting that bacteriological tests has to be still performed for patients with bacterial sepsis, so as to target accurate antibiotic therapy.

More importantly, accurate diagnosis also needs to be made based on evidence of CSF analysis. In the data of current review, almost 70% of the cases did not have CSF examination, which is more likely to be the reason of missed diagnosis of CNS infection. Clinically, severe inflammatory storms lasting days to weeks could also represent the sign of microbes have been entered into brain [96-98]. Therefore, it is important to bear in mind that the CSF examination should be carried out for patients with refractory inflammatory storm. Moreover, the CSF analysis is also an important evidence for the identification of COVID-19-associated encephalitis and septic-metastatic encephalitis caused by bacterial or fungal sepsis [44, 99].

The CSF analysis results for COVID-19-associated encephalitis showed mainly an increased lymphocytic pleocytosis and elevated CSF protein as well as positive RT-PCR or intrathecal antibody production (immunoglobulin M (IgM), IgG) [33, 34, 65]. Moreover, the CSF change of other viral encephalitis (such as influenza viruses and herpes zoster virus) also presented with similar features with that of COVID-19-associated CNS infection. Whereas, for septic-metastatic encephalitis, its CSF analysis indicated an elevated leukocyte counts (median $473 \times 10^6/\text{L}$, range from 17 to $10,000 \times 10^6/\text{L}$), and elevated CSF protein level (median 7.39 g/L, range from 4.78 to 42.49 g/L) [99]. Notably, for encephalopathy caused by any infection, its CSF analysis only indicates a mildly elevated protein level, and normal white cell count as well as negative PCR, and without other evidence of direct CNS infection [19, 20, 38].

Empirical combination therapeutics

The data of current review have fully suggested that SARS-CoV-2-associated multiple organ dysfunction is called as

COVID-19 sepsis (viral sepsis). Based on the Sepsis-3 criteria, viral sepsis may also be defined as one or more life-threatening organ failure caused by viral infection, but at least bacterial sepsis needs to be excluded [100]. Like COVID-19 sepsis with ABD, influenza viruses, herpes zoster virus, and other viruses may also result in viral sepsis with ABD (altered mental status) [101-103]. Despite the qSOFA is a useful tool for early prediction of prehospital sepsis in patients with ABD, it is still unpredictable from infection to mixed sepsis and whether microorganisms enter into the brain. Therefore, in these complex situations, early empirical combination therapy must be considered [64, 102], including more than one broad-spectrum antibiotics (a beta-lactam + fluoroquinolone or aminoglycoside), antiviral agents (remdesivir, lopinavir/ritonavir), and immunosuppressor. Dexamethasone is a broad-spectrum immunosuppressor and it would limit the production of and damaging effect of the cytokines. Moreover, dexamethasone would block macrophages from clearing secondary, nosocomial infections. Hence, dexamethasone may be useful for the short-term in COVID-19 sepsis with severe inflammatory storm and intubation respiratory [104-106].

Despite the presentation of septic-metastatic encephalitis on MRI is mainly microabscesses [107], its CSF analysis indicated a severe bacterial meningoenzephalitis [99], suggesting that using high-doses vancomycin for the therapy of septic-metastatic encephalitis/meningitis must be considered [108-110], and combination dexamethasone therapy is also need [111]. In short, empirical treatment is limited, and faster and more accurate pathogen identification is essential.

For COVID-19 sepsis with severe ARDS, especially those with lung and brain edema cases, veno-venous extracorporeal membrane oxygenation may be used as a very important support to save lives [112, 113].

Conclusions

The current trends of severe COVID-19 outbreak have shown that COVID-19-associated ABD related to sepsis is threatening to human life. Globally, the most common COVID-19-associated ABD is COVID-19-associated acute stroke, followed by COVID-19-associated encephalopathy, and COVID-19-associated CNS infection. Thus, recognizing the COVID-19-associated ABD as a life-threatening organ dysfunction related to sepsis is very important for early empirical combination therapy to save severe COVID-19 patient. However, it is necessary to explore further its pathogenesis, laboratory diagnosis, and treatment.

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Financial Disclosure

None to declare.

Conflict of Interest

The authors declare that they have no conflict of interest.

Author Contributions

TDM and ZYT conceptualized and designed the study, drafted the initial article, and reviewed and revised the article. All authors approved the final article as submitted and agree to be accountable for all aspects of the work.

Data Availability

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

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